

# Horizons Service Navigation

**Horizons Service Navigation can support you to find, and connect with, appropriate programs and services.**

**We will work with you to access services while building skills in system navigation, communication, and self-advocacy.**

Horizons Service Navigation can support you to reduce the barriers you might be facing when trying to access programs and services.

One of our skilled Peer Practitioners or Mental Health Practitioners will work with you for up to six weeks. We can meet with you weekly in your home or community, wherever you feel safe and comfortable.

## Who can access this service?

- People aged 18+ (no maximum age)
- Experience of severe mental ill-health (no formal diagnosis required)
- Not currently accessing state-funded psychosocial services or National Disability Insurance Scheme (NDIS)

## What services can Horizons Service Navigation connect me with?

- Housing services
- General Practitioner
- NDIS Local Area Coordinators
- Advocacy services
- Legal Aid
- Mental health treatment plans
- Telehealth mental health support
- Employment services
- Centrelink
- AOD support
- Psychosocial services
- Other services as required

## How to access Horizons Service Navigation

Referrals can be completed by Community Service Workers, GP's, Psychologists, Psychiatrists or Clinical Providers by completing the Horizons referral form and emailing to [horizons@baptcare.org.au](mailto:horizons@baptcare.org.au).

### For self-referrals:

Call Baptcare Mindset **1800 290 666**

Email [horizons@baptcare.org.au](mailto:horizons@baptcare.org.au)