

St Hilary's Community

MORWELL



Residential
**Aged
Care**

Baptcare

baptcare.org.au

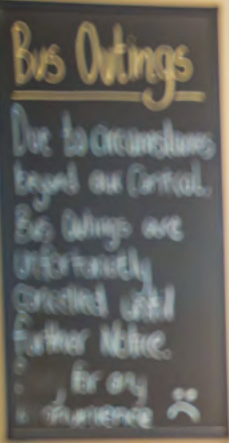
May 2025

Living well together

Get the care you need—and live life the way
you choose—in a supportive residential aged
care home

Contents

A close-knit community in Morwell	Page 01
We're a thriving community at St Hilary's.....	Page 02
Live well, your way.....	Page 04
What's on the menu	Page 06
What's on location	Page 08
A place to call your own	Page 10
Healthcare and wellbeing services to support you	Page 12



A close-knit community

in Morwell

You'll find St Hilary's in the crisp, fresh air of Gippsland—not far from dense green bushlands and farming plains—but still right near the heart of Morwell, with plenty of local amenities in close walking distance.

We're close to parks and gardens, like the beautiful Centenary Rose Garden and Morwell Recreation Reserve. We're also conveniently right near cafes, shops, restaurants and even the local RSL Club.

While our home is fresh, modern and provides exceptional quality care and support to live the way you choose, there is incredible history at our location. Many years ago, there was a hospital on the grounds of St Hilary's. Some residents had their children at this location and maintain an extraordinary bond with the area. Some of the nurses on our team even worked at the hospital! This proud heritage is reflective of our community today. We take the time to understand your whole story, so we can support you to live with joy and purpose, your way.





We're a thriving community at St Hilary's

Exceptional care means being treated like family. At St Hilary's, that's exactly what we do. In the same way you carefully listen and learn what makes life special for loved ones—and then do and deliver it—we do the very same.

Your care is all about you: the care and support that's right for you, the things that make each day feel meaningful, and whatever you need for joy, comfort and independence.

You'll feel it when you visit us on site. Independence is huge for everyone here, and we're right in the heart of Morwell, close to everything you need to embrace yours. We're a strong, supportive and connected community. For example, families head out for meals and we provide special cutlery and cups to make life easier for residents. We've connected with many cafes so they're all aware and well accustomed to supporting special visitors: serving tea and coffees in the cups provided. It's a small thing, but the small things add up to one big community where we all support each other.

**Get a feel for the Baptistcare Community.
Book a tour.**



Live well, your way



Living well looks different for everybody. ✨

Whatever you love to do—whatever makes your day and makes life meaningful—we're here to make it happen.

Some of the hobbies and activities we support residents with include:

- One resident had never been to the beach, but very much wanted to experience it. We arranged a day visit so she could feel the sand between her toes and the gentle sea breeze on her face.
- One resident worked as a truck driver but had lost his sight. In partnership with a local dealer in Morwell, we arranged for a big red truck to visit us on site, so he could hop in the driver's seat, feel his way around the cabin and controls, and rediscover a passion for his life's work. We then drove around Morwell for a tour, with him as a passenger.
- One resident has always wanted to ride a Harley Davidson and feel the wind through his hair, so we have organised that.
- One resident—Jack—wanted to go sky diving. Unfortunately, he cannot get medical clearance, so we'll do the next best thing: an upcoming hot air balloon trip so that Jack can still soar through the skies.





***“It’s just like being home.
Everyone’s so nice, we are all friends.”***

St Hilary’s Resident

Our chefs prepare all food on site using delicious seasonal ingredients.



What's on the menu

There's always something fresh and delicious on offer at St Hilary's, with a choice of tasty, healthy meals for breakfast, lunch, and dinner. Family and friends are always welcome to join too: **all you need to do is book ahead.**



Fresh, seasonal and cultural menus

Our chefs prepare all food on site using delicious seasonal ingredients. Our menu is designed by reputable chefs in partnership with qualified dietitians and with special meals and themed menus for important cultural events.



A range of delicious options every day

Choice is important in every aspect of life at St Hilary's. Food is no exception. There are fresh sandwiches and salads available for lunch and dinner, and bowls of fresh seasonal fruit you can enjoy throughout the day, every day.



Personalised dietary preferences

We have regular food focus meetings with residents to help decide the types of meals we offer. While our base menu is approved by a specialised dietitian, we adjust the menu based on your preferences and individual dietary needs.



What's on location



There's always something happening at Abbey Gardens. Family and friends are always welcome to join you. **Come visit our community to see more.** ✦

Multipurpose room

Our home is warm and inclusive, with large open spaces and plenty on the go. Join in on our much-loved coffee club, movie nights, seated tennis or any of the activities we regularly enjoy on site together.

Courtyard and gardens

Our courtyards are perfect for time spent with visiting friends and family, whether you're sizzling snags on the BBQ or taking in the beautiful water features in our lush garden surrounds.

Spiritual Care

With a Spiritual Care team member visiting three days a week, we offer emotional and spiritual support, honouring each person's unique spirituality and how you find meaning and purpose. Our spiritual care team can assist with prayer, worship, sacraments and other forms of spiritual devotion.

Hairdresser salon

When you look your best, you'll feel your best too. A hairdresser visits twice a week to keep you up to date with your favourite styles. It's a great opportunity to catch up socially with other residents too!

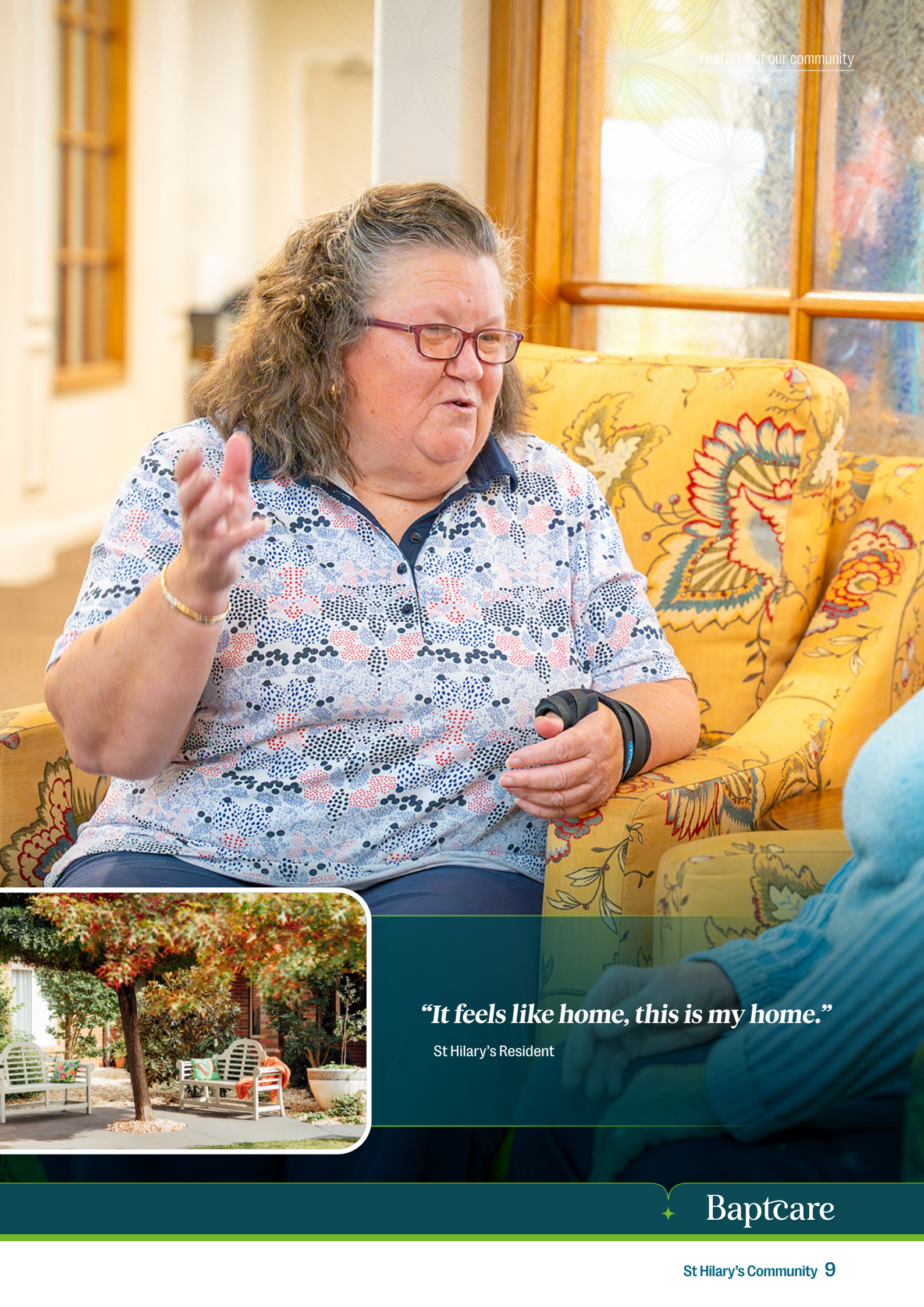
Library and fireplace

Take a moment to relax by the fire in your own cosy library and immerse yourself in another world by reading a classic or discovering a new favourite. We have plenty of both in our expansive collection.

Lively social schedule

In addition to supporting you with your favourite passions and pastimes, you're always invited to all kinds of activities. Scenic bus tours, trivia or happy hours with visiting performers are popular: particularly when there's country music involved!





“It feels like home, this is my home.”

St Hilary's Resident

A place to call your own

At St Hilary's, there are private, single person rooms and shared rooms that are designed for couples to live together. All rooms offer plenty of natural light and are set among landscaped gardens on the single ground floor of our building.

We encourage you to decorate your room to your personal taste—photographs and paintings are very popular—to create a space that truly feels yours to ensure it's comfortable for you and feels like home. Every room at St Hilary's features:

- electronic high/low bed
- ensuite bathroom with built-in shower chair, high-quality fittings and non-slip floor for comfort and safety
- bedside table and comfy chairs for visitors
- built-in wardrobe
- in-room heating
- Smart TV
- landscaped garden views.

Wi-fi and telephone services are available for an additional cost. The best way to get a feel for our rooms is to visit.

**We'd love to have you for a tour
and answer any of your questions.** ✨





“I am very happy here. I was living on my own since my wife died and now I’m very happy.”

St Hilary’s Resident

Healthcare and wellbeing services to support you

On-site GP visits

In addition to 24/7 nursing care, our regular General Practitioner visits the home regularly. Our locum service is available after hours to ensure you can receive prompt medical attention if needed.

Podiatry and foot care

For foot health, a podiatrist visits on a regular basis to ensure you receive the care you need.

Optometry

Optometrists visit Wattle Grove on a regular basis for comprehensive eye care and vision support.

Dental services

We provide on-site access to dental services under Medicare, to ensure you can maintain or improve your oral healthcare.

Hearing specialists

To support your hearing wellbeing, we offer visits from hearing specialists under the Medicare service.

Weekly hairdresser visits

We have access to a weekly hairdresser on-site. Because when you look your best, you'll feel your best!

Support for complex care

We specialise in complex services for people requiring end of life care, in partnership with a palliative care team.

Nutritional care

A dietitian helps to plan your menu, and takes all cultural, religious and dietary requirements into consideration.

Speech therapy

Our visiting speech pathologists can support you through assessment, treatment and management of speech, language, and swallowing challenges.

Counselling

Adjusting to changes in your life can be challenging. We're here to listen and provide supportive reassurance through counselling services.

Physiotherapy

Physiotherapists can help you maintain or improve your mobility, strength and overall physical function, to help you go about your day with more confidence and comfort.

Pet therapy

It's always nice to have furry friends nearby, and we often welcome them on site for pats and attention. Interacting with animals can provide emotional, social, and physical benefits.

What things in life are important to you?



Living well looks different for every person. Put simply, we believe that everyone deserves the best of care.

It's all about taking the time to understand your preferences, hobbies and passions. We'd love to chat through your favourite things to do when you visit us for a tour.

If you have any questions about life at Baptcare St Hilary's, the process of preparing for a move, visiting us for a tour, or anything else, please let us know.

Call our friendly, experienced team on 13 22 78.



Why should you choose Baptcare to support you as you age?

We have over 80 years' experience

We've spent the better part of a century listening to and meeting the needs of older people. Today, we offer a range of aged care services – including home care, residential aged care, respite care, and retirement living – as well as support services such as nursing and allied health, day therapy centres, short-term respite centres and social activities so you can be assured Baptcare will provide care in a way that's right for each and every individual journey.

We appreciate that everyone is different

Our services are based on an individualised model of care, which means our clients determine how much of a presence they want us to be in their lives. And if their circumstances change, we change with them. Our aim is to enable people to remain as independent as possible so they can continue to live life the way they want to.

We treat everyone with compassion and dignity

All of our team members are carefully chosen. They are friendly, positive and dedicated. And they genuinely care – so they treat people with the compassion and dignity they would expect for a member of their own family.

Drop in for a visit at Abbey Gardens in Warragul

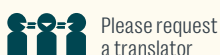
Baptcare St Hilary's Community
16 Elgin Street Morwell VIC 3840

FOR THE
COMMUNITY
— NOT-FOR-PROFIT —

Residential
**Aged
Care**

Call 13 22 78
Support for you as you age

Baptcare



baptcare.org.au