# Peninsula View Community

FRANKSTON SOUTH Residential Aged Care

Baptcare

baptcare.org.au

## Living well together

Get the care you need—and live life the way you choose—in a supportive residential aged care home

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## A lively coastal community

## on the peninsula

Discover a truly unique community at Peninsula View Residential Aged Care. Located on the peaceful fringes of Frankston and Mount Eliza, Peninsula View is a welcoming coastal community where you can soak up the sun and fresh air of the peninsula.

There's plenty of lush greenery around, both surrounding us and carpeting the grounds of our community. With sweeping views of the Moorooduc Plains and the Frankston Nature Conservation Reserve just around the corner, you'll hear the song of birds in the morning and evening. Or be able to spot them in our blossoming trees while relaxing in the courtyards with friends and family.

The corridors of our community are equally as lively. You'll see plenty of smiles and feel a warm and welcoming community, where everything is designed to support your happiness and independence.

Peninsula View Community is also co-located with Baptcare's well-renowned and highly regarded Peninsula View Retirement Living apartments.





# We're a thriving community at Peninsula View

At Peninsula View, every day is uniquely designed around you, because that's what exceptional care looks like.

We're a close-knit and connected community, but we know and celebrate—that every person is different. So, we take the time to learn your story, understand what makes life meaningful for you, and then support you to ensure it's part of your lifestyle each day.

You'll have access to the high-quality care you need for peace of mind, and support to embrace your favourite activities, passions or even just the little things that make a place feel like home. Whether you prefer to get involved with our bustling schedule of activities, nurture your love of time spent developing the garden, or just have a chat with friends while soaking up the sun and sea air in the wide-open spaces of our home, you'll have the support, independence and care to live your way.

Get a feel for the Baptcare Community. Book a tour.



## Live well, your way



### Living well looks different for everybody. \*

Whatever you love to do—whatever makes your day and makes life meaningful—we're here to make it happen.

Some of the hobbies and activities we support residents with include:

- Art and gardening are both very popular here. Sometimes, we even mix the two: we have terraces where residents love to unleash their creative spirit, with hanging gardens and wall gardens on location too.
- We love to support people in safely heading out into the community, with a community bus that frequently heads to the beach, cafes in Frankston and Mornington, parks and shopping centres.
- Furry friends are very popular here at Peninsula View, and we have visiting pups regularly on site from Monday to Friday. They very rarely need to ask for a pat or some attention!
- We have regular concerts and entertainers, including musical performances and dancing. The most popular crowd favourites always get a second gig.











"The comfort here is the best thing I could have other than home."

Peninsula View Resident



## What's on the menu

There's always something fresh and delicious on offer at Peninsula View, with a choice of tasty, healthy meals for breakfast, lunch, and dinner. Family and friends are always welcome to join too: all you need to do is book ahead. \*



## Fresh, seasonal and cultural menus

Our chefs prepare all food on site using delicious seasonal ingredients. Our menu is designed by reputable chefs in partnership with qualified dietitians and with special meals and themed menus for important cultural events.



## A range of delicious options every day

Choice is important in every aspect of life at Peninsula View. Food is no exception. There are fresh sandwiches and salads available for lunch and dinner, and bowls of fresh seasonal fruit you can enjoy throughout the day, every day.



## **Personalised** dietary preferences

We have regular food focus meetings with residents to help decide the types of meals we offer. While our base menu is approved by a specialised dietitian, we adjust the menu based on your preferences and individual dietary needs.







## What's on location



There's always something happening at Peninsula View. Family and friends are always welcome to join you. Come visit our community to see more. +

## Hair salon

Looking good is a huge part of feeling good. With an on-site hair and beauty salon, it's easy and convenient to keep up with your favourite styles or try a completely new look if the mood strikes.

## Courtyards and gardens

With a few talented, passionate green thumbs in our midst, our lush gardens and greenery are a major highlight for everyone who lives and visits here. The courtyards offer shading and garden furniture for visiting friends or family.

## **Dedicated nurses**

We do not use any agency staff at Peninsula View. That means the same nurses have been part of our community for a long time. They have excellent knowledge and care, and a strong bond with many residents

## Spaces to connect and catch up

We have spacious dining rooms, a comfy loungeroom, and plenty of cosy spaces to relax with a book or a cuppa. There's also a guest lounge you can book for birthdays or other events, with a beautiful outlook.

## Spiritual Care

Spiritual care is a huge part of life for many at Peninsula View. We honour your unique spirituality and how you find meaning and purpose. Our chaplains can assist with prayer, worship, sacraments and other forms of spiritual devotion.

## Library

Soak up some peace and quiet in your own cosy library and immerse yourself in another world by reading a classic or discovering a new favourite. We have plenty of both in our expansive collection.









## A place to call your own

Every room at Peninsula View is private, cosy and full of natural light. Most rooms are designed for one person, although there are a small number of rooms designed for couples to stay together.

Your room is your own personal sanctuary. We encourage you to bring the things you like so it feels that way, including favourite paintings, photographs, cherished possessions and furniture. Your room will also feature:

- electronic high/low bed
- ensuite bathroom with built-in shower chair, high-quality fittings and non-slip floor for comfort and safety
- bedside table and comfy chairs for visitors
- built-in wardrobe
- air-conditioning and cooling
- smart TV
- wi-fi.

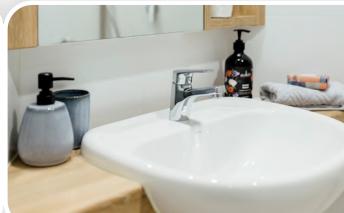
Wi-fi and telephone services are available for an additional cost.

The best way to get a feel for our rooms is to visit.

### We'd love to have you for a tour and answer any of your questions.











"I'm very comfortable living here. It's home for me."

Peninsula View Resident

## Healthcare and wellbeing services to support you

## On-site GP visits

In addition to 24/7 nursing care, our regular General Practitioner visits the home regularly. Our locum service is available after hours to ensure you can receive prompt medical attention if needed.

## Podiatry and foot care

For foot health, a podiatrist visits on a regular basis to ensure you receive the care you need.

## **Optometry**

Optometrists visit Wattle Grove on a regular basis for comprehensive eye care and vision support.

## Dental services

We provide on-site access to dental services under Medicare, to ensure you can maintain or improve your oral healthcare.

## Hearing specialists

To support your hearing wellbeing, we offer visits from hearing specialists under the Medicare service.

## Weekly hairdresser visits

We have access to a weekly hairdresser on-site. Because when you look your best, you'll feel your best!

## Support for complex care

We specialise in complex services for people requiring end of life care, in partnership with a palliative care team.

### Nutritional care

A dietitian helps to plan your menu, and takes all cultural, religious and dietary requirements into consideration.

## Speech therapy

Our visiting speech pathologists can support you through assessment, treatment and management of speech, language, and swallowing challenges.

## Counselling

Adjusting to changes in your life can be challenging. We're here to listen and provide supportive reassurance through counselling services.

## **Physiotherapy**

Physiotherapists can help you maintain or improve your mobility, strength and overall physical function, to help you go about your day with more confidence and comfort.

## Pet therapy

It's always nice to have furry friends nearby, and we often welcome them on site for pats and attention. Interacting with animals can provide emotional, social, and physical benefits.

## What things in life are important to you?



## Living well looks different for every person. Put simply, we believe that everyone deserves the best of care.

It's all about taking the time to understand your preferences, hobbies and passions. We'd love to chat through your favourite things to do when you visit us for a tour.

If you have any questions about life at Baptcare Peninsula View, the process of preparing for a move, visiting us for a tour, or anything else, please let us know.

Call our friendly, experienced team on 13 22 78.



# Why should you choose Baptcare to support you as you age?

### We have over 80 years' experience

We've spent the better part of a century listening to and meeting the needs of older people. Today, we offer a range of aged care services – including home care, residential aged care, respite care, and retirement living – as well as support services such as nursing and allied health, day therapy centres, short-term respite centres and social activities so you can be assured Baptcare will provide care in a way that's right for each and every individual journey.

## We appreciate that everyone is different

Our services are based on an individualised model of care, which means our clients determine how much of a presence they want us to be in their lives. And if their circumstances change, we change with them. Our aim is to enable people to remain as independent as possible so they can continue to live life the way they want to.

## We treat everyone with compassion and dignity

All of our team members are carefully chosen. They are friendly, positive and dedicated. And they genuinely care – so they treat people with the compassion and dignity they would expect for a member of their own family.

## Drop in for a visit at Peninsula View in Frankston South

Baptcare Peninsula View Community 24-28 Moorooduc Highway, Frankston South VIC 3199





Call 13 22 78

Support for you as you age

Baptcare









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ABN 12 069 130 463 Effective Date: 01/09/202