

Karana Community

KEW



Residential
**Aged
Care**

Baptcare

baptcare.org.au

May 2025

Living well together

Get the care you need—and live life the way
you choose—in a supportive residential aged
care home

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A leafy green community

in Kew

Just a stone's throw from beautiful Yarra Bend Park in the leafy green streets of Kew, Karana is a warm and inclusive community in Melbourne's inner northeast.

We're very comfortable in these peaceful, tree-lined streets, with beautiful gardens that are a source of pride for many who call Karana home. While the area is calm and relaxed, you're never far from the gentle hum of life in inner Melbourne, with a wide selection of cafes and shops right on our doorstep on High Street.

Nearby—should you go for a stroll—you'll find lots of gorgeous parks. Eglinton Reserve has a particularly good playground for visiting little ones. Speaking of which, we have strong links in the community with regular visits from cheerful kindergarten and high school students.

Karana Community is also co-located with Baptcare's well-renowned and highly regarded Karana Retirement Living apartments.





We're a thriving community at Karana

While Karana is a very cosy and close-knit community, we're all about living well as unique individuals. Our idea of exceptional care?

Whatever gives you meaning and purpose. We'll listen to your story and the things you love and support you to make them happen. If you like a cuppa before starting your day, or a walk around the block, let's do it. It's the little things—as much as the big things—that make Karana feel like home.

There's also a strong feeling of family. Some of our volunteers have had loved ones living at Karana and stay on to support the community. Family members often ask if they can volunteer, too.

We're very social and independent, with residents heading out into the community for concerts and events and catch ups with friends. You can always relax and enjoy one of the many activities we have on site, or simply sit back with Mona, our resident cat (who's also known as the boss around here!)

**Get a feel for the Baptistcare Community.
Book a tour.** ✦



✦ **Baptcare**

Live well, your way



Living well looks different for everybody. ✨

Whatever you love to do—whatever makes your day and makes life meaningful—we're here to make it happen.

Some of the hobbies and activities we support residents with include:

- Patricia is an ex-schoolteacher, and she loves to help out by editing and proofreading the weekly newsletter we produce for residents. Thanks for the eagle eye and grammar tips, Patricia!
- Shirley loves gardening and spends a lot of time carefully tending to her veggie garden. We're never short of parsley or basil with Shirley around, and she's got plenty of gardening knowledge to share if you ever need any tips.
- Nancy realised our visiting chaplain works with people experiencing homelessness and wanted to support their work. So, she's knitting a blanket she can donate to someone and help keep them warm.
- Jean loves cats—particularly Mona, our resident pet mascot and unofficial boss—so we keep her well stocked with cat treats to feed Mona 'sparingly'. The two are inseparable: Mona rides on Jean's walker and they spend plenty of time together.





“There’s lots of lovely people around you. If something were to happen they would be there to help.”

Hedley Sutton Resident

Our chefs prepare all food on site using delicious seasonal ingredients.



What's on the menu

There's always something fresh and delicious on offer at Karana, with a choice of tasty, healthy meals for breakfast, lunch, and dinner. Family and friends are always welcome to join too: **all you need to do is book ahead.**



Fresh, seasonal and cultural menus

Our chefs prepare all food on site using delicious seasonal ingredients. Our menu is designed by reputable chefs in partnership with qualified dietitians and with special meals and themed menus for important cultural events.



A range of delicious options every day

Choice is important in every aspect of life at Karana. Food is no exception. There are fresh sandwiches and salads available for lunch and dinner, and bowls of fresh seasonal fruit you can enjoy throughout the day, every day.



Personalised dietary preferences

We have regular food focus meetings with residents to help decide the types of meals we offer. While our base menu is approved by a specialised dietitian, we adjust the menu based on your preferences and individual dietary needs.



What's on location



There's always something happening at Karana. Family and friends are always welcome to join you. **Come visit our community to see more.**

Pet visits and an aquarium

We love pets here at Karana, with furry friends often visiting to keep everyone's spirits high. We also have a beautiful fish tank and aquarium. Watching the fish is extremely relaxing. It's a beautiful way to spend some time reflecting or taking a moment out of your day.

Kiosk run by volunteers

For residents who can't get out into the community or prefer to stay on site, we have a kiosk run by volunteers. It's a great way to get the feel of going to the shops without leaving the comfort of home.

Spiritual Care

Our small chapel features stained glass windows. We offer emotional and spiritual support, honouring each person's unique spirituality and how you find meaning and purpose. Our spiritual care team assist with prayer, worship, sacraments and other forms of spiritual devotion.

Gardens and BBQ area

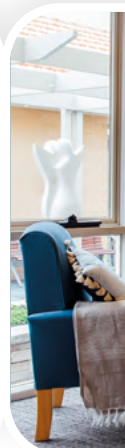
We're extremely proud of our beautiful gardens, which many of our residents love to help maintain. Karana is right at home in the leafy streets of Kew and we have our resident green thumbs to thank!

Beautiful library

Relax and enjoy a book or magazine in our library. There are plenty of classic to discover, and it's the perfect cosy environment to spend an afternoon reading.

Beauty salon

We know how important it is to look your very best. Because when you do, you'll feel your best too. Our onsite hairdresser operates twice per week, and we have a visiting beautician for two days every second week.





“I’ve been a housewife all my life, now I’m having the holiday of a lifetime.”

Karana Resident

A place to call your own

At Karana, you'll have options for single or double rooms, for couples, with or without an ensuite.

Many of our rooms have beautiful views out over the gardens. We pride ourselves on providing a cosy atmosphere, but we encourage you to make your room feel like home.

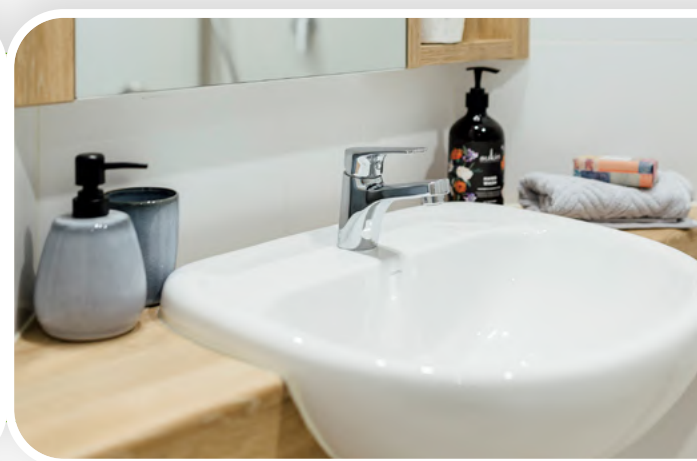
Many residents choose to personalise their space with favourite paintings, photographs, or furniture. Your room will also feature:

- electronic high/low bed
- ensuite bathroom with built-in shower chair, high-quality fittings and non-slip floor for comfort and safety
- bedside table and comfy chairs for visitors
- built-in wardrobe
- air-conditioning and cooling
- smart TV.

Wi-fi and telephone services are available for an additional cost.

The best way to get a feel for our rooms is to visit.

**We'd love to have you for a tour
and answer any of your questions.** ✨





***“This is my home.
Everything is so good here.”***

Karana Resident

Healthcare and wellbeing services to support you

On-site GP visits

In addition to 24/7 nursing care, our regular General Practitioner visits the home regularly. Our locum service is available after hours to ensure you can receive prompt medical attention if needed.

Podiatry and foot care

For foot health, a podiatrist visits on a regular basis to ensure you receive the care you need.

Optometry

Optometrists visit Wattle Grove on a regular basis for comprehensive eye care and vision support.

Dental services

We provide on-site access to dental services under Medicare, to ensure you can maintain or improve your oral healthcare.

Hearing specialists

To support your hearing wellbeing, we offer visits from hearing specialists under the Medicare service.

Weekly hairdresser visits

We have access to a weekly hairdresser on-site. Because when you look your best, you'll feel your best!

Support for complex care

We specialise in complex services for people requiring end of life care, in partnership with a palliative care team.

Nutritional care

A dietitian helps to plan your menu, and takes all cultural, religious and dietary requirements into consideration.

Speech therapy

Our visiting speech pathologists can support you through assessment, treatment and management of speech, language, and swallowing challenges.

Counselling

Adjusting to changes in your life can be challenging. We're here to listen and provide supportive reassurance through counselling services.

Physiotherapy

Physiotherapists can help you maintain or improve your mobility, strength and overall physical function, to help you go about your day with more confidence and comfort.

Pet therapy

It's always nice to have furry friends nearby, and we often welcome them on site for pats and attention. Interacting with animals can provide emotional, social, and physical benefits.

What things in life are important to you?



Living well looks different for every person. Put simply, we believe that everyone deserves the best of care.

It's all about taking the time to understand your preferences, hobbies and passions. We'd love to chat through your favourite things to do when you visit us for a tour.

If you have any questions about life at Baptcare Karana, the process of preparing for a move, visiting us for a tour, or anything else, please let us know.

Call our friendly, experienced team on 13 22 78.



Why should you choose Baptcare to support you as you age?

We have over 80 years' experience

We've spent the better part of a century listening to and meeting the needs of older people. Today, we offer a range of aged care services – including home care, residential aged care, respite care, and retirement living – as well as support services such as nursing and allied health, day therapy centres, short-term respite centres and social activities so you can be assured Baptcare will provide care in a way that's right for each and every individual journey.

We appreciate that everyone is different

Our services are based on an individualised model of care, which means our clients determine how much of a presence they want us to be in their lives. And if their circumstances change, we change with them. Our aim is to enable people to remain as independent as possible so they can continue to live life the way they want to.

We treat everyone with compassion and dignity

All of our team members are carefully chosen. They are friendly, positive and dedicated. And they genuinely care – so they treat people with the compassion and dignity they would expect for a member of their own family.

Drop in for a visit at Karana in Kew

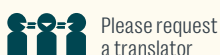
Baptcare Karana Community
55 Walpole Street Kew VIC 3101

FOR THE
COMMUNITY
— NOT-FOR-PROFIT —

Residential
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Support for you as you age

Baptcare



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