

Coasthaven Community

NORLANE



Residential
**Aged
Care**

Baptcare

baptcare.org.au

Aug 2025

Living well together

Get the care you need—and live life the way
you choose—in a supportive residential aged
care home

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Relaxed coastal living

in Geelong

In many ways, Coasthaven is the best of both worlds. We enjoy relaxed coastal living—just a stone's throw from Corio Beach Foreshore—and we're only a few minute's drive from the heart of Geelong, with bustling cafes, restaurants, shops and more.

Just ten minutes north, you'll find Victoria's Golden Plains, with lots of farms, miles of golden canola, rugged bushland, river valleys, and rolling hills. Many of our residents have a farming background or join us from the local area. It's a huge part of why we're such a strongly connected and supportive community.

You'll feel that strong sense of community spirit when you drop by for a visit: where every person is celebrated and supported to live life your way.





We're a thriving community at Coasthaven

At Coasthaven, your care is exactly that: your care. You're unique—with your own experiences, wants, needs and story—and your experience here reflects that. We take the time to listen to you, then do whatever we can to ensure your days are meaningful and filled with purpose.

You'll join a welcoming, inclusive community that's very independent, but we still love spending lots of time together. With nearby shops and plenty to do in Geelong, we often get out and about for coffee or some lunch, a scenic visit to the country, or a relaxing stroll around our local grounds.

There's also Baptcare housing which shares our block, so there are always plenty of friendly faces around and a strong community feel. Being in the heart of Geelong, we always keep one eye on the mighty Cats in the AFL too. We often do daytrips down to their stadium, but everyone's team is equally supported!

**Get a feel for the Baptcare Community.
Book a tour.**



Live well, your way



Living well looks different for everybody. ✨

Whatever you love to do—whatever makes your day and makes life meaningful—we're here to make it happen.

Some of the hobbies and activities we support residents with include:

- Many residents love music, so you'll often hear sing along groups, music therapy or dancing. We have a piano on site which many staff play, and sometimes residents have a turn on the ivories too. In between the musical interludes, our pool table and indoor bowling get a fair workout.
- Our beautiful gardens are thanks to the many green thumbs who call Coasthaven home. Many residents have farming backgrounds and bring their impressive know-how to our grounds.
- Concerts or games of footy on the big screen: many residents love the Cats in the AFL, but there's plenty of support for other teams too!
- A vibrant social schedule where everyone's invited: afternoon happy hours, birthdays and regular high tea. Arts and crafts groups are also popular, leather making is a favourite for many residents.





“The staff make us feel cared for and welcome. They acknowledge that this is our home.”

Coasthaven Resident

Our chefs prepare all food on site using delicious seasonal ingredients.



What's on the menu

There's always something fresh and delicious on offer at Coasthaven, with a choice of tasty, healthy meals for breakfast, lunch, and dinner. Family and friends are always welcome to join too: **all you need to do is book ahead.** ✦



Fresh, seasonal and cultural menus

Our chefs prepare all food on site using delicious seasonal ingredients. Our menu is designed by reputable chefs in partnership with qualified dietitians and with special meals and themed menus for important cultural events.



A range of delicious options every day

Choice is important in every aspect of life at Coasthaven. Food is no exception. There are fresh sandwiches and salads available for lunch and dinner, and bowls of fresh seasonal fruit you can enjoy throughout the day, every day.



Personalised dietary preferences

We have regular food focus meetings with residents to help decide the types of meals we offer. While our base menu is approved by a specialised dietitian, we adjust the menu based on your preferences and individual dietary needs.



What's on location



There's always something happening at Coasthaven. Family and friends are always welcome to join you. **Come visit our community to see more.** ✦

Aviary café

We have access to the nearby community hub, which includes the hugely popular Aviary café. You'll often spot team members and residents having lunch there together, alongside other locals from the area. It's a great place for a coffee, cake or cuppa, and perfect for catching up.

Gardens and veggie patches

You're encouraged to get involved with our lush gardens, if you like. We have an initiative called Project Grow, which encourages residents to take care of a section and celebrate progress together. There's plenty of farming know-how at Coasthaven, so participation is high!

Courtyard with BBQ facilities

Our courtyards are perfect for time spent with visiting friends and family, and well sheltered from any sea breeze coming in off the bay. You'll hear sizzling snags and laughter, as people gather for a catch up around our BBQ.

Chapel and activities room

Our chapel is a space to offer emotional and spiritual support, honouring each person's unique spirituality and how you find meaning and purpose. Our spiritual care team can assist with prayer, worship, sacraments and other forms of spiritual devotion.

Plenty to do

There's always something happening at Coasthaven. With our pool table, social dining and lounge areas, in house carpeted ten-pin bowling, visiting concerts, and big screen for movies or footy games, we're a very social environment.

Hair salon

Our visiting hairdresser is always popular. We always know when it's Thursday: you'll see an excitable and chatty line of people waiting at the salon to get their favourite style, or embrace a new look. When you look good, you'll feel good!





***“The big windows and brightness
of the dining room made me feel
immediately at home.”***

Coasthaven Resident

A place to call your own

All the rooms at Coasthaven are large and spacious, with high ceilings and a private ensuite.

There is plenty of space for your cherished possessions—which we strongly encourage you to bring and decorate your space so it feels comfortable and welcoming, like any home should—and built-in wardrobes. Your room will also feature:

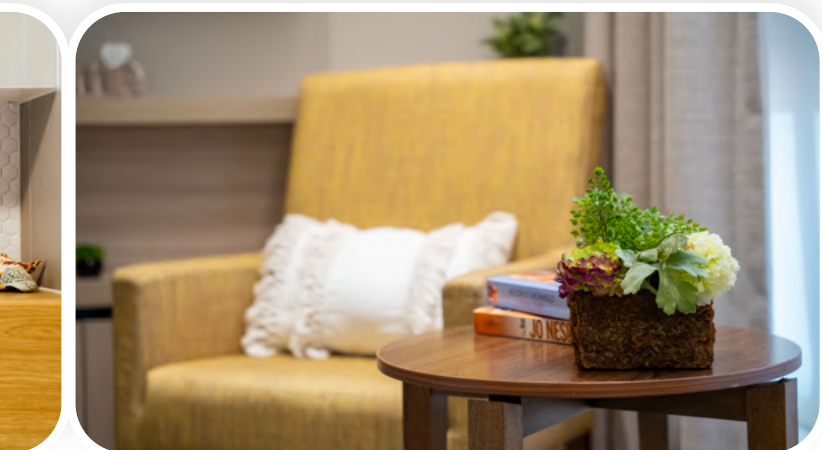
- electronic high/low bed
- ensuite bathroom with built-in shower chair, high-quality fittings and non-slip floor for comfort and safety
- bedside table and comfy chairs for visitors
- built-in wardrobe
- air-conditioning and cooling
- smart TV.

Wi-fi and telephone services are available for an additional cost.

The best way to get a feel for our rooms is to visit.

**We'd love to have you for a tour
and answer any of your questions.** ✦





“I have the best room and I can make it as homely as I like.”

Coasthaven Resident

Healthcare and wellbeing services to support you

On-site GP visits

In addition to 24/7 nursing care, our regular General Practitioner visits the home regularly. Our locum service is available after hours to ensure you can receive prompt medical attention if needed.

Podiatry and foot care

For foot health, a podiatrist visits on a regular basis to ensure you receive the care you need.

Optometry

Optometrists visit Wattle Grove on a regular basis for comprehensive eye care and vision support.

Dental services

We provide on-site access to dental services under Medicare, to ensure you can maintain or improve your oral healthcare.

Hearing specialists

To support your hearing wellbeing, we offer visits from hearing specialists under the Medicare service.

Weekly hairdresser visits

We have access to a weekly hairdresser on-site. Because when you look your best, you'll feel your best!

Support for complex care

We specialise in complex services for people requiring end of life care, in partnership with a palliative care team.

Nutritional care

A dietitian helps to plan your menu, and takes all cultural, religious and dietary requirements into consideration.

Speech therapy

Our visiting speech pathologists can support you through assessment, treatment and management of speech, language, and swallowing challenges.

Counselling

Adjusting to changes in your life can be challenging. We're here to listen and provide supportive reassurance through counselling services.

Physiotherapy

Physiotherapists can help you maintain or improve your mobility, strength and overall physical function, to help you go about your day with more confidence and comfort.

Pet therapy

It's always nice to have furry friends nearby, and we often welcome them on site for pats and attention. Interacting with animals can provide emotional, social, and physical benefits.

What things in life are important to you?



Living well looks different for every person. Put simply, we believe that everyone deserves the best of care.

It's all about taking the time to understand your preferences, hobbies and passions. We'd love to chat through your favourite things to do when you visit us for a tour.

If you have any questions about life at Baptcare Coasthaven, the process of preparing for a move, visiting us for a tour, or anything else, please let us know.

Call our friendly, experienced team on 13 22 78.



Why should you choose Baptcare to support you as you age?

We have over 80 years' experience

We've spent the better part of a century listening to and meeting the needs of older people. Today, we offer a range of aged care services – including home care, residential aged care, respite care, and retirement living – as well as support services such as nursing and allied health, day therapy centres, short-term respite centres and social activities so you can be assured Baptcare will provide care in a way that's right for each and every individual journey.

We appreciate that everyone is different

Our services are based on an individualised model of care, which means our clients determine how much of a presence they want us to be in their lives. And if their circumstances change, we change with them. Our aim is to enable people to remain as independent as possible so they can continue to live life the way they want to.

We treat everyone with compassion and dignity

All of our team members are carefully chosen. They are friendly, positive and dedicated. And they genuinely care – so they treat people with the compassion and dignity they would expect for a member of their own family.

Drop in for a visit at Coasthaven in Norlane

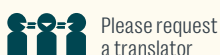
Baptcare Coasthaven Community
45 Robin Ave, Norlane, VIC 3214

FOR THE
COMMUNITY
— NOT-FOR-PROFIT —

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Support for you as you age

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