

# Brookview Community

WESTMEADOWS



Residential  
**Aged  
Care**

# Baptcare

[baptcare.org.au](https://baptcare.org.au)

August 2025

# *Living well together*

---

Get the care you need—and live life the way  
you choose—in a supportive residential aged  
care home

---

## *Contents*

A warm community surrounded by natural beauty .....	Page 01
We're a thriving community at Brookview .....	Page 02
Live well, your way.....	Page 04
What's on the menu .....	Page 06
What's on location .....	Page 08
A place to call your own .....	Page 10
Healthcare and wellbeing services to support you .....	Page 12





# *A warm community surrounded by natural beauty*

With lush natural surroundings and a peaceful atmosphere, Baptcare Brookview provides the relaxing 'go-your-own-pace' feel of country life with all the convenience of inner suburban living.

Wake up to the fresh scent of gumtrees every morning while overlooking Yuroke Creek and Broadmeadows Valley Trail. Spot families of kangaroos bouncing around at dusk and dawn, just beyond the limits of our landscaped grounds—the perfect spot for relaxing with your own family.

You'll find Baptcare Brookview nestled between Jacana, Attwood, and Gladstone Park, just a 5-minute drive from local cafes, shops, and the Broadmeadows Central Mall.







# *We're a thriving community at Brookview*

At Brookview, we know exceptional care is different for everyone. That's why our approach is holistic and all about your personal preferences: to support your independence, choice and lifestyle. We call it 'Living Well Together'.

You'll have access to the high-quality care you need, and support to do whatever special things make life meaningful and purposeful for you.

**Everyone is different, and everyone is welcome.**

That's part of the reason why people say Brookview feels like a big family. With residents from over 20 different countries and cultures, we proudly celebrate everyone who calls Brookview home.

**Get a feel for the Baptistcare Community.  
Book a tour.**





# Live well, your way



## Living well looks different for everybody. ✨

Whatever you love to do—whatever makes your day and makes life meaningful—we're here to make it happen.

Some of the hobbies and activities we support residents with:

- Illustration, arts, and painting: some residents have dedicated gallery spaces where they love to work and create art.
- Gardening in your own dedicated flower bed: creating and painting decorative mushroom sculptures is a current favourite for many residents!
- Enjoying your favourite music: resident Jeanette loves Adele's signing—"her lyrics have the gift of putting my life into words". We organised a CD player with all of Adele's back catalogue for Joan's daily music therapy.
- Playing instruments: resident Paul is a classically trained pianist. We organised a keyboard so he can play for other residents and share his gift.
- Weekly singalongs from the '40s, '50s, and '60s where we reminisce and celebrate each other's stories: when we sing 'Tears on my pillow' by Little Anthony, we might bond over shared break-up stories. When it's Louis Armstrong's 'What a wonderful world', we share our most beautiful memories.







***“I am so so happy here. It’s because of this place that I am alive.”***

Brookview Resident



***Our chefs prepare all food on site using delicious seasonal ingredients.***





# What's on the menu

There's always something fresh and delicious on offer at Brookview, with a choice of tasty, healthy meals for breakfast, lunch, and dinner. Family and friends are always welcome to join too: **all you need to do is book ahead.**



## Fresh, seasonal and cultural menus

Our chefs prepare all food on site using delicious seasonal ingredients. Our menu is designed by reputable chefs in partnership with qualified dietitians and with special meals and themed menus for important cultural events.



## A range of delicious options every day

Choice is important in every aspect of life at Brookview. Food is no exception. There are fresh sandwiches and salads available for lunch and dinner, and bowls of fresh seasonal fruit you can enjoy throughout the day, every day.



## Personalised dietary preferences

We have regular food focus meetings with residents to help decide the types of meals we offer. While our base menu is approved by a specialised dietitian, we adjust the menu based on your preferences and individual dietary needs.





# What's on location



There's always something happening at Brookview. Family and friends are always welcome to join you. **Come visit our community to see more.** ✦

## *Spacious community room*

A bright and airy space for activities, gatherings, or catching up over a cuppa. With a coffee machine, café tables and lounge chairs, it's the perfect place to catch up with your favourite people.

## *Courtyards and garden*

Much-loved peaceful spaces, these are all enclosed and safe for residents to meander independently or sit quietly on benches. If you have a green thumb, you'll be encouraged and supported to plant and care for your gardens.

## *Library nook for nature watching*

A cozy, quiet lounge space overlooks the gorgeous nature reserve and river. It's great for birdwatching and boasts a large selection of books and talking book for avid readers.

## *Chapel and activities room*

Our large, spacious chapel features wrap-around windows looking out over a gorgeous nature reserve. This space is used for concerts, activities, sing alongs and special events, like Anzac Day. Our spiritual care team can assist with prayer, worship, sacraments and other forms of spiritual devotion.

## *Cosy kitchenettes*

With many kitchenettes dotted around our home, you'll find a cosy nook to catch up in. And the best part? You can keep food from friends and family in a communal fridge space: to store those home cooked meals from family on special occasions.

## *Dining rooms and social areas*

Each of our four wings contains an intimate dining and lounge area. These areas uniquely designed for close-knit catch ups between friends, and meal time is always a highly social occasion that we all look forward to. There's nothing better than catching up over a delicious lunch or dinner!







***“When I lived at home I just sat and had nothing to do but now I have company. I have made lots of friends.”***

Brookview Resident



# *A place to call your own*

Your room is your own private space, so we encourage you to bring cherished items and create a space that truly feels like home.

Each room is private with an ensuite that is easily accessible. Call bells are located within easy reach, whether resting in bed or relaxing in your chair, along with a hand help call bell. You are entitled to your privacy and can request a key to your room.

Rooms also feature:

- electronic high/low bed
- ensuite bathroom with built-in shower chair, high-quality fittings and non-slip floor for comfort and safety
- bedside table and comfy chairs for visitors
- built-in wardrobe
- air-conditioning and cooling
- smart TV.

Wi-fi and telephone services are available for an additional cost.

The best way to get a feel for our rooms is to visit.

**We'd love to have you for a tour  
and answer any of your questions.** ✨







***“I feel at peace living here. I don’t have to worry about anything.”***

Brookview Resident



# *Healthcare and wellbeing services to support you*

## ***On-site GP visits***

In addition to 24/7 nursing care, our regular General Practitioner visits the home regularly. Our locum service is available after hours to ensure you can receive prompt medical attention if needed.

## ***Podiatry and foot care***

For foot health, a podiatrist visits on a regular basis to ensure you receive the care you need.

## ***Optometry***

Optometrists visit Wattle Grove on a regular basis for comprehensive eye care and vision support.

## ***Dental services***

We provide on-site access to dental services under Medicare, to ensure you can maintain or improve your oral healthcare.

## ***Hearing specialists***

To support your hearing wellbeing, we offer visits from hearing specialists under the Medicare service.

## ***Weekly hairdresser visits***

We have access to a weekly hairdresser on-site. Because when you look your best, you'll feel your best!

## ***Support for complex care***

We specialise in complex services for people requiring end of life care, in partnership with a palliative care team.

## ***Nutritional care***

A dietitian helps to plan your menu, and takes all cultural, religious and dietary requirements into consideration.

## ***Speech therapy***

Our visiting speech pathologists can support you through assessment, treatment and management of speech, language, and swallowing challenges.

## ***Counselling***

Adjusting to changes in your life can be challenging. We're here to listen and provide supportive reassurance through counselling services.

## ***Physiotherapy***

Physiotherapists can help you maintain or improve your mobility, strength and overall physical function, to help you go about your day with more confidence and comfort.

## ***Pet therapy***

It's always nice to have furry friends nearby, and we often welcome them on site for pats and attention. Interacting with animals can provide emotional, social, and physical benefits.



# *What things in life are important to you?*



***Living well looks different for every person. Put simply, we believe that everyone deserves the best of care.***

It's all about taking the time to understand your preferences, hobbies and passions. We'd love to chat through your favourite things to do when you visit us for a tour.

If you have any questions about life at Baptcare Brookview, the process of preparing for a move, visiting us for a tour, or anything else, please let us know.

**Call our friendly, experienced team on 13 22 78.**





# *Why should you choose Baptcare to support you as you age?*

## *We have over 80 years' experience*

We've spent the better part of a century listening to and meeting the needs of older people. Today, we offer a range of aged care services – including home care, residential aged care, respite care, and retirement living – as well as support services such as nursing and allied health, day therapy centres, short-term respite centres and social activities so you can be assured Baptcare will provide care in a way that's right for each and every individual journey.

## *We appreciate that everyone is different*

Our services are based on an individualised model of care, which means our clients determine how much of a presence they want us to be in their lives. And if their circumstances change, we change with them. Our aim is to enable people to remain as independent as possible so they can continue to live life the way they want to.

## *We treat everyone with compassion and dignity*

All of our team members are carefully chosen. They are friendly, positive and dedicated. And they genuinely care – so they treat people with the compassion and dignity they would expect for a member of their own family.

## *Drop in for a visit at Brookview in Westmeadows*

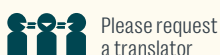
**Baptcare Brookview Community**  
**130 Dimboola Road Westmeadows VIC 3049**

FOR THE  
**COMMUNITY**  
— NOT-FOR-PROFIT —

Residential  
**Aged  
Care**

**Call 13 22 78**  
Support for you as you age

**Baptcare**



[baptcare.org.au](http://baptcare.org.au)