## Amberlea Community

**DROUIN** Residential Aged Care

Baptcare

baptcare.org.au

## Living well together

Get the care you need—and live life the way you choose—in a supportive residential aged care home

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# Calm, rolling pastures in the heart of Drouin

Nestled between green farming pastures on tree-lined Pearsons Road, Baptcare Amberlea is right near the heart of Drouin.

The gentle, rolling hills and paddocks surrounding us pay perfect homage to Drouin's history as a dairy farming region. On site, you'll find beautiful gardens and a homely, inclusive environment where everyone is welcome.

When you want to head out, we're conveniently less than a kilometre from the main roundabout in town. It's an easy walk to visit nearby cafes and shops, and along the way you'll pass beneath gorgeous red plumes of eucalyptus ficifolia: the flowering gumtrees our town is famous for.

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## We're a thriving community at Amberlea

'Exceptional care': it's different for every person, depending on your story and your situation. That's why our approach is entirely tailored to what you like, what you love to do, and your unique needs.

You'll feel it when you arrive at Amberlea—an inclusive and close-knit community where everyone is supported to live the way they choose.

There's a real sense of togetherness in our community. In fact, we even solve jigsaw puzzles together! There's always a huge puzzle on the go that both residents and carers help to solve, one piece at a time.

Of course, you're also supported to spend time on your own terms too. Our team members will help you one-on-one with the things you love to do.

Get a feel for the Baptcare Community. Book a tour.



## Live well, your way



#### Living well looks different for everybody. \*

Whatever you love to do—whatever makes your day and makes life meaningful—we're here to make it happen.

Some of the hobbies and activities we support residents with include:

- Arts and crafts: whether painting, drawing, or other artistic pursuits, we love to support your creative passion.
- Cooking: from baking your favourite recipe to exploring a new creation.
- Group trips to Gippsland's community attractions and festivals. We share a bus with our friends at Abbey Gardens, another Baptcare community in nearby Warragul.
- Spiritual care and support: we have a popular chaplain service every Tuesday, with huge attendance from all walks of life. We honour your journey and support whatever spirituality means to you.
- Everyone loves to get involved in our weekly all-of-home wordsearch, which is run by visiting volunteers.









"I feel like I'm on a long holiday."

Amerberlea Resident

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### What's on the menu

There's always something fresh and delicious on offer at Amberlea, with a choice of tasty, healthy meals for breakfast, lunch, and dinner. Family and friends are always welcome to join too: all you need to do is book ahead.



#### Fresh, seasonal and cultural menus

Our chefs prepare all food on site using delicious seasonal ingredients. Our menu is designed by reputable chefs in partnership with qualified dietitians and with special meals and themed menus for important cultural events.



#### A range of delicious options every day

Choice is important in every aspect of life at Amberlea. Food is no exception. There are fresh sandwiches and salads available for lunch and dinner. and bowls of fresh seasonal fruit you can enjoy throughout the day, every day.



#### **Personalised** dietary preferences

We have regular food focus meetings with residents to help decide the types of meals we offer. While our base menu is approved by a specialised dietitian, we adjust the menu based on your preferences and individual dietary needs.







### What's on location



There's always something happening at Amberlea. Family and friends are always welcome to join you. Come visit our community to see more.

#### Beauty salon

It's always important to look your very best, and it's easy with an on-site beauty salon. Two hairdressers visit us in the salon each week.

#### Library

Take a moment to relax and read through your favourite book—a new addition or a much loved classic, we've got plenty of both—or catch up over a card game or jigsaw puzzle.

#### Courtyards and gardens

Our grounds are lush and green, with ample space for visiting family members and little ones who love to run and play. There's also a beautiful pergola to provide shade in warmer months or protection from the rain.

#### Spacious social areas

There's plenty of room to spend quality time together, whether with friends on site or visiting family. Like the BBQ and deck area, perfect for warm sunny afternoons. Or our spacious main room, with a Smart TV where we have activities, and commemorate important occasions like ANZAC Day.

#### Cosy spaces for catching up

We're a close-knit and social community. There are plenty of places to catch up with friends or visiting family. Grab a comfy chair next to the fireplace, or share a cuppa in the kitchen.

#### Spiritual Care

We offer emotional and spiritual support, honouring each person's unique spirituality and how they find meaning and purpose. Our spiritual care team also assist with prayer, worship, sacraments and other spiritual practices, including regular devotional and church services where appropriate.









## A place to call your own

All rooms at Amberlea are spacious, with good sunlight and views. You'll enjoy a private room with ensuite bathroom. We also offer suites that accommodate two people, for couples.

Your room is your personal space and we strongly encourage you to bring cherished items to make it feel like home—photographs and paintings are very popular—to create a space that truly feels yours. Your room will also feature:

- electronic high/low bed
- ensuite bathroom with built-in shower chair, high-quality fittings and non-slip floor for comfort and safety
- bedside table and comfy chairs for visitors
- built-in wardrobe
- in-room heating
- smart TV.

Wi-fi and telephone services are available for an additional cost.

The best way to get a feel for our rooms is to visit. We'd love to have you for a tour and answer any of your questions.

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"It's very homely here."

Amberlea Resident

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## Healthcare and wellbeing services to support you

#### On-site GP visits

In addition to 24/7 nursing care, our regular General Practitioner visits the home regularly. Our locum service is available after hours to ensure you can receive prompt medical attention if needed.

#### Podiatry and foot care

For foot health, a podiatrist visits on a regular basis to ensure you receive the care you need.

#### **Optometry**

Optometrists visit Wattle Grove on a regular basis for comprehensive eye care and vision support.

#### Dental services

We provide on-site access to dental services under Medicare, to ensure you can maintain or improve your oral healthcare.

#### Hearing specialists

To support your hearing wellbeing, we offer visits from hearing specialists under the Medicare service.

#### Weekly hairdresser visits

We have access to a weekly hairdresser on-site. Because when you look your best, you'll feel your best!

#### Support for complex care

We specialise in complex services for people requiring end of life care, in partnership with a palliative care team.

#### Nutritional care

A dietitian helps to plan your menu, and takes all cultural, religious and dietary requirements into consideration.

#### Speech therapy

Our visiting speech pathologists can support you through assessment, treatment and management of speech, language, and swallowing challenges.

#### Counselling

Adjusting to changes in your life can be challenging. We're here to listen and provide supportive reassurance through counselling services.

#### **Physiotherapy**

Physiotherapists can help you maintain or improve your mobility, strength and overall physical function, to help you go about your day with more confidence and comfort.

#### Pet therapy

It's always nice to have furry friends nearby, and we often welcome them on site for pats and attention. Interacting with animals can provide emotional, social, and physical benefits.

## What things in life are important to you?



#### Living well looks different for every person. Put simply, we believe that everyone deserves the best of care.

It's all about taking the time to understand your preferences, hobbies and passions. We'd love to chat through your favourite things to do when you visit us for a tour.

If you have any questions about life at Baptcare Amberlea, the process of preparing for a move, visiting us for a tour, or anything else, please let us know.

Call our friendly, experienced team on 13 22 78.

## Why should you choose Baptcare to support you as you age?

#### We have over 80 years' experience

We've spent the better part of a century listening to and meeting the needs of older people. Today, we offer a range of aged care services – including home care, residential aged care, respite care, and retirement living – as well as support services such as nursing and allied health, day therapy centres, short-term respite centres and social activities so you can be assured Baptcare will provide care in a way that's right for each and every individual journey.

#### We appreciate that everyone is different

Our services are based on an individualised model of care, which means our clients determine how much of a presence they want us to be in their lives. And if their circumstances change, we change with them. Our aim is to enable people to remain as independent as possible so they can continue to live life the way they want to.

#### We treat everyone with compassion and dignity

All of our team members are carefully chosen. They are friendly, positive and dedicated. And they genuinely care – so they treat people with the compassion and dignity they would expect for a member of their own family.

#### Drop in for a visit at Amberlea in Drouin

Baptcare Amberlea Community 5 Pearson Road Drouin, VIC 3818





Call 13 22 78

Support for you as you age

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