

Westhaven Community

FOOTSCRAY



Residential
**Aged
Care**

Baptcare

baptcare.org.au

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Living well together

Get the care you need—and live life the way
you choose—in a supportive residential aged
care home

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Supporting diversity

in vibrant Footscray

Conveniently positioned near transport, local shops and markets, parklands, and just a stroll from the Maribyrnong River, Westhaven blends a central location with a peaceful and supportive community.

Just like Footscray—the suburb we call home—we're proud of our vibrant diversity. Walking through the nearby Footscray Market, you'll smell delicious Vietnamese Banh Mi, fresh South American coffee, steaming Japanese Ramen and all sorts of other delicious treats.

We're the same on site, celebrating a wide range of cultures, personalities and supporting every member of our community to live well with purpose, in whatever way is meaningful.

We look forward to meeting and welcoming you!



We're a thriving community at Westhaven

Everyone's welcome here at Westhaven, and everyone's individuality is recognised and celebrated. That's typical of our whole approach to care: we listen to your story, your individual needs, preferences and situation.

Then, we support you with the care and independence to live the way you want to, every day. Care is tailored to your needs, and we take care of the little things—and sometimes the bigger things—that make you feel at home.

Home looks and feels different for everyone.

That's especially true at Westhaven. We're a diverse community, and we love to learn about and celebrate each other's cultures: from Diwali to St. Patrick's Day. Equally, we have a bustling schedule of activities and social outings suited to different preferences: from concerts and piano performances to visiting Williamstown Beach.

Get a feel for the Baptistcare Community. Book a tour.



Live well, your way



Living well looks different for everybody. ✨

Whatever you love to do—whatever makes your day and makes life meaningful—we're here to make it happen.

Some of the hobbies and activities we support residents with include:

- Many people love gardening: so much so, the staff from the local Bunnings often drop by to help or give us tips. Or, where the tips are concerned, perhaps it could be the other way around?
- Painting, arts and crafts groups: whatever your creative interest, we can help you rediscover or continue to pursue it.
- We're in the heartland of the Western Bulldogs AFL Team (also formerly known as Footscray), so footy tipping is always popular.
- Music and performances: from country and western to classical piano and violin, we try to cater to everyone's tastes.
- Spiritual Care services take place every week. Spiritual care is important to many residents and we are proud to honour and support whatever spirituality means to you.





***“Everybody is very kind.
I am extremely well looked after.”***

Westhaven Resident

Our chefs prepare all food on site using delicious seasonal ingredients.



What's on the menu

There's always something fresh and delicious on offer at Westhaven, with a choice of tasty, healthy meals for breakfast, lunch, and dinner. Family and friends are always welcome to join too: **all you need to do is book ahead.** ✦



Fresh, seasonal and cultural menus

Our chefs prepare all food on site using delicious seasonal ingredients. Our menu is designed by reputable chefs in partnership with qualified dietitians and with special meals and themed menus for important cultural events.



A range of delicious options every day

Choice is important in every aspect of life at Westhaven. Food is no exception. There are fresh sandwiches and salads available for lunch and dinner, and bowls of fresh seasonal fruit you can enjoy throughout the day, every day.



Personalised dietary preferences

We have regular food focus meetings with residents to help decide the types of meals we offer. While our base menu is approved by a specialised dietitian, we adjust the menu based on your preferences and individual dietary needs.



What's on location



There's always something happening at Westhaven. Family and friends are always welcome to join you. **Come visit our community to see more.** ✦

Social dining and lounge areas

We're a close-knit community and everyone loves a catch up. To create a more homely feel, our three-story building is divided into eight wings, so smaller groups of friends can catch up over a meal or a cuppa.

Beauty therapy salon

We all know it: when you look best, you're much more likely to feel your best too. Plus, our beauty salon is the perfect spot for a catch up, or to relax and de-stress. There's plenty of therapeutic benefit in beauty therapy.

Library

Reading is a great way to keep your mind sharp, to improve memory, or to just take some time and unwind. Our cosy library is warm and comfy: perfect for discovering a new read, a friendly game of chess, or just relaxing by the fireplace.

Garden area

We have some beautiful gardens on site, thanks to the talent and care of our contributing resident green thumbs. If you like to garden, it can be incredibly relaxing. Alternatively, it's just as good to sit with friends and family and take it all in.

Chapel and activities room

Our large, spacious chapel doubles as our activities room with floor to ceiling luscious garden views and glass doors that open to the courtyard. This space is used for concerts, lifestyle activities, and special events. Faith-based services for different cultures and backgrounds are held here.

Kiosk with coffee

The smell of fresh coffee and the sound of friends or family chatting over morning or afternoon tea. You'll find it in our on-site kiosk, a friendly environment where residents, staff, and visitors alike all love catching up.





We did a lot of research before coming here and it has stood the test of time. I do believe it is the best of the best."

Westhaven Resident

A place to call your own

Every room at Westhaven is private for a single person, so your space is all your own. Each room also has a private ensuite bathroom. Most rooms have beautiful garden or courtyard views, and some look out to the Melbourne city skyline.

Your room should feel like home, so we encourage you to personalise your space with your favourite photographs, paintings, or other cherished possessions.

Your room will also feature:

- electronic high/low bed
- ensuite bathroom with built-in shower chair, high-quality fittings and non-slip floor for comfort and safety
- bedside table and comfy chairs for visitors
- built-in wardrobe
- air-conditioning and cooling.

Wi-fi and telephone services are available for an additional cost.

The best way to get a feel for our rooms is to visit.

We'd love to have you for a tour and answer any of your questions. ✨





***“It’s safe and comfortable.
It’s a good place to be.”***

Westhaven Resident

Healthcare and wellbeing services to support you

On-site GP visits

In addition to 24/7 nursing care, our regular General Practitioner visits the home regularly. Our locum service is available after hours to ensure you can receive prompt medical attention if needed.

Podiatry and foot care

For foot health, a podiatrist visits on a regular basis to ensure you receive the care you need.

Optometry

Optometrists visit Wattle Grove on a regular basis for comprehensive eye care and vision support.

Dental services

We provide on-site access to dental services under Medicare, to ensure you can maintain or improve your oral healthcare.

Hearing specialists

To support your hearing wellbeing, we offer visits from hearing specialists under the Medicare service.

Weekly hairdresser visits

We have access to a weekly hairdresser on-site. Because when you look your best, you'll feel your best!

Support for complex care

We specialise in complex services for people requiring end of life care, in partnership with a palliative care team.

Nutritional care

A dietitian helps to plan your menu, and takes all cultural, religious and dietary requirements into consideration.

Speech therapy

Our visiting speech pathologists can support you through assessment, treatment and management of speech, language, and swallowing challenges.

Counselling

Adjusting to changes in your life can be challenging. We're here to listen and provide supportive reassurance through counselling services.

Physiotherapy

Physiotherapists can help you maintain or improve your mobility, strength and overall physical function, to help you go about your day with more confidence and comfort.

Pet therapy

It's always nice to have furry friends nearby, and we often welcome them on site for pats and attention. Interacting with animals can provide emotional, social, and physical benefits.

What things in life are important to you?



Living well looks different for every person. Put simply, we believe that everyone deserves the best of care.

It's all about taking the time to understand your preferences, hobbies and passions. We'd love to chat through your favourite things to do when you visit us for a tour.

If you have any questions about life at Baptcare Westhaven, the process of preparing for a move, visiting us for a tour, or anything else, please let us know.

Call our friendly, experienced team on 13 22 78.



Why should you choose Baptcare to support you as you age?

We have over 80 years' experience

We've spent the better part of a century listening to and meeting the needs of older people. Today, we offer a range of aged care services – including home care, residential aged care, respite care, and retirement living – as well as support services such as nursing and allied health, day therapy centres, short-term respite centres and social activities so you can be assured Baptcare will provide care in a way that's right for each and every individual journey.

We appreciate that everyone is different

Our services are based on an individualised model of care, which means our clients determine how much of a presence they want us to be in their lives. And if their circumstances change, we change with them. Our aim is to enable people to remain as independent as possible so they can continue to live life the way they want to.

We treat everyone with compassion and dignity

All of our team members are carefully chosen. They are friendly, positive and dedicated. And they genuinely care – so they treat people with the compassion and dignity they would expect for a member of their own family.

Drop in for a visit at Westhaven in Footscray

Baptcare Westhaven Community
50 Pickett Street Footscray VIC 3011

FOR THE
COMMUNITY
— NOT-FOR-PROFIT —

Residential
**Aged
Care**

Call 13 22 78
Support for you as you age

Baptcare



Please request
a translator



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