## The Orchards Community

**DONCASTER EAST** 



Baptcare

baptcare.org.au

## Living well together

Get the care you need—and live life the way you choose—in a supportive residential aged care home

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## A peaceful, leafy setting

### in Doncaster East

Discover a truly unique community at The Orchards Residential Aged Care. Welcome to The Orchards, a suitably leafy setting in Doncaster East, surrounded by parklands and resplendent natural beauty.

Perched on Andersons Creek Road, we offer gorgeous views of the surrounding areas after a recent expansion and transformation. There's plenty to gaze out upon from our state-of-the-art abode.

Currawong Bush Park is not far, filled with singing native birds and the golden hues of Wattle Trees or Stringybark Eucalypts. Around the corner you'll find The Pines shopping centre, with plenty of shops, cafes, and restaurants to explore. On site, you'll find everything you need to live well your way, with a warm community built on a spirit of belonging and experienced team members supporting your story, needs and preferences.

The Orchards Community is also co-located with Baptcare's well-renowned and highly regarded The Orchards Retirement Living apartments and villas.





## We're a thriving community at The Orchards

Here at The Orchards, we know that care is only exceptional when it's personal. That's why we listen to you and your family. We take the time to understand the things that bring you joy, so we can support you to live each day independently with meaning and purpose.

You'll have access to the exceptional quality care you need, along with personalised support that's unique to you. Everyone's different and everyone's individuality is celebrated and respected. That's what makes us such a strong, close-knit community.

We hope you'll feel it when you join us to visit our thriving home. You'll also see a bustling social calendar where everyone's welcome, spanning everything from exercise and walking groups, to meditation and prayer groups, to gardening and board games, to multicultural days or sharing a drink over happy hour.

We can't wait to welcome you!

Get a feel for the Baptcare Community.

Book a tour.



## Live well, your way



### Living well looks different for everybody. \*

Whatever you love to do—whatever makes your day and makes life meaningful—we're here to make it happen.

Some of the hobbies and activities we support residents with include:

- Lots of our residents have a strong creative streak, so we hold frequent art classes to support their passions: from illustration to painting and other disciplines. We also run exhibitions of the work for other residents!
- Cultural groups where you're encouraged to speak with others in your language and celebrate your culture: we have lots of proud Iranian and Chinese residents.
- Happy hours are always popular and a great way to connect and catch up.
- We recently helped a resident to produce their own autobiography and create a book to celebrate their proudest life moments.











"Here I can be myself and do as I please."

The Orchards Resident



## What's on the menu

There's always something fresh and delicious on offer at The Orchards, with a choice of tasty, healthy meals for breakfast, lunch, and dinner. Family and friends are always welcome to join too: all you need to do is book ahead. \*



### Fresh, seasonal and cultural menus

Our chefs prepare all food on site using delicious seasonal ingredients. Our menu is designed by reputable chefs in partnership with qualified dietitians and with special meals and themed menus for important cultural events.



## A range of delicious options every day

Choice is important in every aspect of life at The Orchards. Food is no exception. There are fresh sandwiches and salads available for lunch and dinner. and bowls of fresh seasonal fruit you can enjoy throughout the day, every day.



## **Personalised** dietary preferences

We have regular food focus meetings with residents to help decide the types of meals we offer. While our base menu is approved by a specialised dietitian, we adjust the menu based on your preferences and individual dietary needs.







## What's on location



There's always something happening at The Orchards. Family and friends are always welcome to join you. Come visit our community to see more. +

### **Hair salon**

When you look your best, you'll feel your best too! A hairdresser visits us frequently to keep you up to date with your favourite styles, or support you to try a new look.

## Friendly café

The smell of fresh coffee and the sound of friends or family catching up over morning or afternoon tea. You'll find it in our on-site café, a lively friendly environment where residents, staff, and visitors alike all love finding time for a chat.

## Lovely gardens

Fire up the BBQ or soak up the sun on our large terrace with spectacular views of the lush gardens. In colder months, there are 'winter garden' walkways on each level. With peaceful sitting areas, they offer gorgeous views of internal and external gardens you can savour in all conditions.

## Beautiful library

Take a moment to relax in your own cosy library and immerse vourself in another world by reading a classic or discovering a new favourite. We have plenty of both in our expansive collection, which you can enjoy in a comfy chair.

## Sociable lifestyle

We're a sociable community and there's always something exciting happening. From exercise groups to high tea, ladies' and men's groups to scenic drives, and chess group to trivia and movie screenings, you'll find something fun to join in on.

## Lounge and lifestyle areas

We have spacious dining rooms, a comfy loungeroom, and plenty of cosy spaces to relax with a book or a cuppa while looking out over the gorgeous natural surroundings.









## A place to call your own

Your room is your own personal sanctuary. Every room at The Orchards in Doncaster is designed for a single person with a private ensuite bathroom.

We encourage you to personalise your space so it feels like home, with photographs, paintings, furniture, or other cherished items.

Your room will feature:

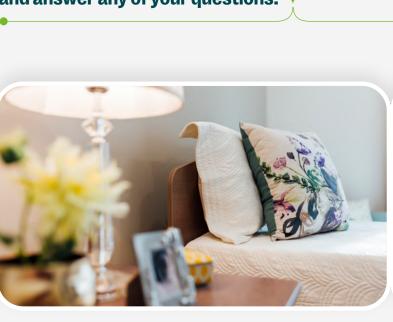
- large windows with gorgeous views
- electronic high/low bed
- ensuite bathroom with built-in shower chair, high-quality fittings and non-slip floor for comfort and safety
- bedside table and comfy chairs for visitors
- built-in wardrobe
- air-conditioning and cooling.

Wi-fi and telephone services are available for an additional cost.

The best way to get a feel for our rooms is to visit.

## We'd love to have you for a tour













"We are well looked after and I feel safe."

The Orchards Resident

## Healthcare and wellbeing services to support you

### On-site GP visits

In addition to 24/7 nursing care, our regular General Practitioner visits the home regularly. Our locum service is available after hours to ensure you can receive prompt medical attention if needed.

## Podiatry and foot care

For foot health, a podiatrist visits on a regular basis to ensure you receive the care you need.

## **Optometry**

Optometrists visit our home on a regular basis for comprehensive eye care and vision support.

### Dental services

We provide on-site access to dental services under Medicare, to ensure you can maintain or improve your oral healthcare.

## Hearing specialists

To support your hearing wellbeing, we offer visits from hearing specialists under the Medicare service.

## Weekly hairdresser visits

We have access to a weekly hairdresser on-site. Because when you look your best, you'll feel your best!

## Support for complex care

We specialise in complex services for people requiring end of life care, in partnership with a palliative care team.

### Nutritional care

A dietitian helps to plan your menu, and takes all cultural, religious and dietary requirements into consideration.

## Speech therapy

Our visiting speech pathologists can support you through assessment, treatment and management of speech, language, and swallowing challenges.

## Counselling

Adjusting to changes in your life can be challenging. We're here to listen and provide supportive reassurance through counselling services.

## **Physiotherapy**

Physiotherapists can help you maintain or improve your mobility, strength and overall physical function, to help you go about your day with more confidence and comfort.

## Pet therapy

It's always nice to have furry friends nearby, and we often welcome them on site for pats and attention. Interacting with animals can provide emotional, social, and physical benefits.

## What things in life are important to you?



## Living well looks different for every person. Put simply, we believe that everyone deserves the best of care.

It's all about taking the time to understand your preferences, hobbies and passions. We'd love to chat through your favourite things to do when you visit us for a tour.

If you have any questions about life at Baptcare The Orchards, the process of preparing for a move, visiting us for a tour, or anything else, please let us know.

Call our friendly, experienced team on 13 22 78.



# Why should you choose Baptcare to support you as you age?

## We have over 80 years' experience

We've spent the better part of a century listening to and meeting the needs of older people. Today, we offer a range of aged care services – including home care, residential aged care, respite care, and retirement living – as well as support services such as nursing and allied health, day therapy centres, short-term respite centres and social activities so you can be assured Baptcare will provide care in a way that's right for each and every individual journey.

## We appreciate that everyone is different

Our services are based on an individualised model of care, which means our clients determine how much of a presence they want us to be in their lives. And if their circumstances change, we change with them. Our aim is to enable people to remain as independent as possible so they can continue to live life the way they want to.

## We treat everyone with compassion and dignity

All of our team members are carefully chosen. They are friendly, positive and dedicated. And they genuinely care – so they treat people with the compassion and dignity they would expect for a member of their own family.

### Drop in for a visit at The Orchards in Doncaster East

Baptcare The Orchards Community
107-111 Andersons Creek Road, Doncaster East VIC 3109



Residential Aged Care

Call 13 22 78

Support for you as you age

Baptcare









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