

Northaven Community

KERANG



Residential
**Aged
Care**

Baptcare

baptcare.org.au

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Living well together

Get the care you need—and live life the way
you choose—in a supportive residential aged
care home

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Close-knit country living in Kerang

Northaven is a close-knit and sociable community. Tucked on Shadforth Street in Kerang, it's the kind of place where everyone stops to smile and say hello. We can't wait to do the same when you join us for a visit!

We're only a two-minute drive to shops, cafes, and the centre of town, but you'll get all the gorgeous benefits of country life. Clean, crisp air. Beautiful scenic views of surrounding plains and bush life. And a strong sense of community, where everyone supports each other.

On our grounds, you'll find beautiful flowers and gardens with lush greenery (thanks to a few green-thumbed residents). Plus, all the support and care you need to live your life with meaning and purpose, in whatever way you choose.





Whatever you love to do, let's make it happen

at Northaven

Like many country communities, Northaven is warm and close-knit. We have such a strong sense of community because we celebrate and support every person in their own, unique way. That's our approach to exceptional care: it's all about you.

Tell us what you enjoy, and we'll invite you to actively contribute to our community. Love gardening? We'd love to hear your recommendations on potting techniques, or the best time to plant our tomatoes!

Lots of visitors say Northaven feels like a family home, with strong connections and a shared sense of belonging. There's always something new and exciting happening, with music and laughter often filling our halls. The Hokey Pokey is a big favourite: so much so that residents of all abilities are able to join in and sing along. That's typical of Northaven. It's about enjoying and participating in life in the way that best suits you.

**Get a feel for the Baptistcare Community.
Book a tour.** ✦



Live well, your way



Living well looks different for everybody. ✨

Whatever you love to do—whatever makes your day and makes life meaningful—we're here to make it happen.

Some of the hobbies and activities we support residents with include:

- Many residents come from farming families. So, we enjoy spending time outdoors: visiting farms to see animals, smelling flowers and cherishing fond memories spent in the great outdoors.
- We all love furry friends: dogs are frequently invited to visit, and there's a popular resident cat, Tom, called the 'most loved cat in Kerang'. We've even had residents bring their dogs along to live with them full time.
- We hold a regular men's group, where you can have a chat or a cuppa. Sometimes we do woodwork. As one participant described it, 'it's pretty much guided by what the blokes want to do!'
- Some of our residents love fishing. We've supported them to go for fishing days, with many lakes just a stone's throw from our doorstep.





“They make us feel welcome and cheer us up if we feel low. Can’t fault it in any way.”

Northaven Resident

Our chefs prepare all food on site using delicious seasonal ingredients.



What's on the menu

There's always something fresh and delicious on offer at Northaven, with a choice of tasty, healthy meals for breakfast, lunch, and dinner. Family and friends are always welcome to join too: **all you need to do is book ahead.** ✦



Fresh, seasonal and cultural menus

Our chefs prepare all food on site using delicious seasonal ingredients. Our menu is designed by reputable chefs in partnership with qualified dietitians and with special meals and themed menus for important cultural events.



A range of delicious options every day

Choice is important in every aspect of life at Northaven. Food is no exception. There are fresh sandwiches and salads available for lunch and dinner, and bowls of fresh seasonal fruit you can enjoy throughout the day, every day.



Personalised dietary preferences

We have regular food focus meetings with residents to help decide the types of meals we offer. While our base menu is approved by a specialised dietitian, we adjust the menu based on your preferences and individual dietary needs.



What's on location



There's always something happening at Northaven. Family and friends are always welcome to join you. **Come visit our community to see more.** ✦

Hair and beauty salon

When you look your best, you'll feel your best too! A hairdresser visits weekly, to keep you up to date with your favourite styles.

Memory support unit

Part of our home is specially designed to support people with memory loss or dementia. We support you to maintain your independence and keep your mind active by getting involved with everyday tasks.

Spiritual Care

With a Spiritual Care team member visiting three days a week, we offer emotional and spiritual support, honouring each person's unique spirituality and how you find meaning and purpose. Our spiritual care team can assist with prayer, worship, sacraments and other forms of spiritual devotion.

Lush gardens and outdoor areas

Catch up with family and friends while admiring our sweeping gardens and gorgeous flower beds or pause for a chat under the pagoda. We also have chooks on site: a great excitement for visiting grandkids!

Pinky's Kiosk

We invite you to get involved at our popular on-site 'shop', selling shampoo, chocolate, soft drinks, socks, and more. It's particularly good for those who can't get out as much as they used to.

Dining and social areas

We're very social here at Northaven: whether it's breakfast, lunch or tea, there's always plenty of space to catch up, and family and friends are always welcome. We love a cuppa or a coffee over cards and boardgames with each other just as much!





***“I feel comfortable and supported.
I met nice people here who made
a hard transition much easier.”***

Northaven Resident

A place to call your own

Your room is your own private sanctuary at Northaven, and we invite you to bring paintings, photographs, and other possessions to make it feel like home. All rooms are brightly lit and beautifully appointed.

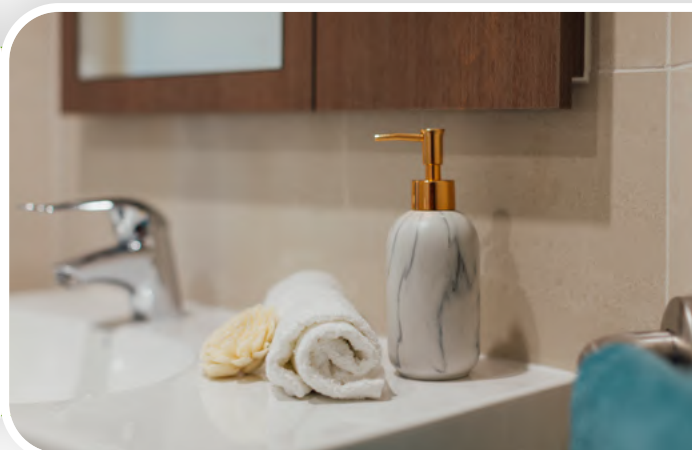
You'll enjoy an outdoor area with door windows, so you can walk out and water the garden, or simply sit and smell the roses. We offer both private rooms and shared rooms for couples. Your room will also feature:

- Electronic high/low bed
- Ensuite bathroom with built-in shower chair, high-quality fittings and non-slip floor for comfort and safety
- Bedside table and comfy chairs for visitors
- Built-in wardrobe
- Air-conditioning and cooling.

Wi-fi and telephone services are available for an additional cost.

The best way to get a feel for our rooms is to visit.

We'd love to have you for a tour and answer any of your questions. ✨





“The hospitality we get is unbelievable! Everyone is so nice and friendly.”

Northaven Resident

Healthcare and wellbeing services to support you

On-site GP visits

In addition to 24/7 nursing care, our regular General Practitioner visits the home regularly. Our locum service is available after hours to ensure you can receive prompt medical attention if needed.

Podiatry and foot care

For foot health, a podiatrist visits on a regular basis to ensure you receive the care you need.

Optometry

Optometrists visit our home on a regular basis for comprehensive eye care and vision support.

Dental services

We provide on-site access to dental services under Medicare, to ensure you can maintain or improve your oral healthcare.

Hearing specialists

To support your hearing wellbeing, we offer visits from hearing specialists under the Medicare service.

Weekly hairdresser visits

We have access to a weekly hairdresser on-site. Because when you look your best, you'll feel your best!

Support for complex care

We specialise in complex services for people requiring end of life care, in partnership with a palliative care team.

Nutritional care

A dietitian helps to plan your menu, and takes all cultural, religious and dietary requirements into consideration.

Speech therapy

Our visiting speech pathologists can support you through assessment, treatment and management of speech, language, and swallowing challenges.

Counselling

Adjusting to changes in your life can be challenging. We're here to listen and provide supportive reassurance through counselling services.

Physiotherapy

Physiotherapists can help you maintain or improve your mobility, strength and overall physical function, to help you go about your day with more confidence and comfort.

Pet therapy

It's always nice to have furry friends nearby, and we often welcome them on site for pats and attention. Interacting with animals can provide emotional, social, and physical benefits.

What things in life are important to you?



Living well looks different for every person. Put simply, we believe that everyone deserves the best of care.

It's all about taking the time to understand your preferences, hobbies and passions. We'd love to chat through your favourite things to do when you visit us for a tour.

If you have any questions about life at Baptcare Northaven, the process of preparing for a move, visiting us for a tour, or anything else, please let us know.

Call our friendly, experienced team on 13 22 78.



Why should you choose Baptcare to support you as you age?

We have over 80 years' experience

We've spent the better part of a century listening to and meeting the needs of older people. Today, we offer a range of aged care services – including home care, residential aged care, respite care, and retirement living – as well as support services such as nursing and allied health, day therapy centres, short-term respite centres and social activities so you can be assured Baptcare will provide care in a way that's right for each and every individual journey.

We appreciate that everyone is different

Our services are based on an individualised model of care, which means our clients determine how much of a presence they want us to be in their lives. And if their circumstances change, we change with them. Our aim is to enable people to remain as independent as possible so they can continue to live life the way they want to.

We treat everyone with compassion and dignity

All of our team members are carefully chosen. They are friendly, positive and dedicated. And they genuinely care – so they treat people with the compassion and dignity they would expect for a member of their own family.

Drop in for a visit at Northaven in Kerang

Baptcare Northaven Community
84-86 Shadforth Street, Kerang VIC 3579

FOR THE
COMMUNITY
— NOT-FOR-PROFIT —

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Support for you as you age

Baptcare



Please request
a translator



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