

# Abbey Gardens Community

WARRAGUL



Residential  
**Aged  
Care**

# Baptcare

[baptcare.org.au](https://baptcare.org.au)

August 2025

# *Living well together*

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Get the care you need—and live life the way  
you choose—in a supportive residential aged  
care home

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# *Enjoy a warm welcome in Warragul*

Baptcare Abbey Gardens is nestled on the western side of Warragul, with the rolling greens of Strachan Park and a babbling stream running just behind our location: it's perfect for a peaceful afternoon stroll.

A happy, welcoming and energetic community, you'll find us midway up the gentle hill of Tarwin Street, offering picturesque views out over Warragul. We're just a short drive to the town centre, with restaurants, cafes and shopping strips aplenty.

Or if you prefer to relax and take in your immediate surroundings, Western Park Recreation Reserve is just across the road. There, you'll find playgrounds for the grandkids and the home ground of the Warragul Football and Netball Club, if you like the action of game day!









# *We're a thriving community at Abbey Gardens*

Everyone is welcome at Abbey Gardens, and we know that everyone is different. That's why our approach to care is based on your personal story and preferences. What is meaningful to you? What does a good day look like? Whatever the answer, we're here to make it happen.

In addition to high quality care and support, we have a bustling calendar of social events posted up each week. Our halls are often ringing with the sound of visiting grandchildren laughing and playing, or scheduled entertainers.

Or, there's plenty of support if you prefer to relax and take things at your own pace. Whatever living well means to you, we're here to fill your day with fun, meaning and purpose. We hold regular meetings to listen to your feedback and tailor activities and events based on the things you love.

**Get a feel for the Baptcare Community.  
Book a tour.**





# *Live well, your way*



## **Living well looks different for everybody. ✨**

Whatever you love to do—whatever makes your day and makes life meaningful—we're here to make it happen.

Some of the hobbies and activities we support residents with include:

- Trips to nearby Neerim South for ice cream from local producers. With fond memories of farming life, many residents love to reminisce and take a moment to reflect on their roots in the area.
- Some residents love the ballet, so we organise trips to West Gippsland Arts Centre for concerts and events.
- A close-knit group of ladies run their own recurring social night, supported by volunteers. It's always decorated beautifully, no matter what the theme of the event is.







***“It’s like a big family here,  
so comfortable and friendly.”***

Abbey Gardens Resident



***Our chefs prepare all food on site using delicious seasonal ingredients.***





# What's on the menu

There's always something fresh and delicious on offer at Abbey Gardens, with a choice of tasty, healthy meals for breakfast, lunch, and dinner. Family and friends are always welcome to join too: **all you need to do is book ahead.** ✦



## Fresh, seasonal and cultural menus

Our chefs prepare all food on site using delicious seasonal ingredients. Our menu is designed by reputable chefs in partnership with qualified dietitians and with special meals and themed menus for important cultural events.



## A range of delicious options every day

Choice is important in every aspect of life at Abbey Gardens. Food is no exception. There are fresh sandwiches and salads available for lunch and dinner, and bowls of fresh seasonal fruit you can enjoy throughout the day, every day.



## Personalised dietary preferences

We have regular food focus meetings with residents to help decide the types of meals we offer. While our base menu is approved by a specialised dietitian, we adjust the menu based on your preferences and individual dietary needs.





# What's on location



There's always something happening at Abbey Gardens. Family and friends are always welcome to join you. **Come visit our community to see more.** ✨

## *Beauty salon*

We know that when you look your best, you'll feel your best! Our on-site beauty salon is ready to freshen things up with your favourite styles. It's a great place to drop in for a chat with other residents too.

## *Library and theatre*

Grab a comfy chair in our cosy library and read the latest books, or reacquaint yourself with one of the classics. Or, if you prefer the silver screen, check out something from Hollywood's golden era in the theatre.

## *Onsite café*

Our onsite café is a great location for tea and coffee with family and friends. It's also the perfect location to chat with other residents about your most recent book, or a film you've enjoyed in the theatre.

## *Spacious lifestyle area*

We're a close-knit community, so our spacious lifestyle area is a hub of activity, with events and performances scheduled each week. It also features a beautiful glass ceiling—atrium style—to maximise natural light in all seasons. Of course, family and friends are welcome to come to events too!

## *Courtyards with BBQs*

Our grounds are dotted with multiple courtyards where you can relax and spend time with family, gaze out over the rolling countryside and surrounding hills, or enjoy an afternoon BBQ with friends.

## *Spa bath and spa room*

The warm water and gentle therapeutic jets of a spa bath can alleviate stress and promote a general sense of wellbeing. Our spa is safe, accessible, and a great way to help you relax.







***“I am immensely happy here.  
It’s the best place I have ever lived.”***

Abbey Gardens Resident



# *A place to call your own*

Every room at Abbey Gardens is bright, comfortable, and elegant. You'll have a private room with an ensuite bathroom, with a range of accessibility features to keep you safe and comfortable.

Your room is your own personal space, and we strongly encourage you to bring treasured possessions to make it feel like home. Your room will also feature:

- electronic high/low bed
- ensuite bathroom, high-quality fittings and non-slip floor for comfort and safety
- bedside table and comfy chairs for visitors
- built-in wardrobe.

Wi-fi and telephone services are available for an additional cost.

The best way to get a feel for our rooms is to visit. We'd love to have you for a tour and answer any of your questions.

**We'd love to have you for a tour  
and answer any of your questions.** ✨







***“This is the best place to be”***

Abbey Gardens Resident



# *Healthcare and wellbeing services to support you*

## ***On-site GP visits***

In addition to 24/7 nursing care, our regular General Practitioner visits the home regularly. Our locum service is available after hours to ensure you can receive prompt medical attention if needed.

## ***Podiatry and foot care***

For foot health, a podiatrist visits on a regular basis to ensure you receive the care you need.

## ***Optometry***

Optometrists visit our home on a regular basis for comprehensive eye care and vision support.

## ***Dental services***

We provide on-site access to dental services under Medicare, to ensure you can maintain or improve your oral healthcare.

## ***Hearing specialists***

To support your hearing wellbeing, we offer visits from hearing specialists under the Medicare service.

## ***Weekly hairdresser visits***

We have access to a weekly hairdresser on-site. Because when you look your best, you'll feel your best!

## ***Support for complex care***

We specialise in complex services for people requiring end of life care, in partnership with a palliative care team.

## ***Nutritional care***

A dietitian helps to plan your menu, and takes all cultural, religious and dietary requirements into consideration.

## ***Speech therapy***

Our visiting speech pathologists can support you through assessment, treatment and management of speech, language, and swallowing challenges.

## ***Counselling***

Adjusting to changes in your life can be challenging. We're here to listen and provide supportive reassurance through counselling services.

## ***Physiotherapy***

Physiotherapists can help you maintain or improve your mobility, strength and overall physical function, to help you go about your day with more confidence and comfort.

## ***Pet therapy***

It's always nice to have furry friends nearby, and we often welcome them on site for pats and attention. Interacting with animals can provide emotional, social, and physical benefits.



# *What things in life are important to you?*



***Living well looks different for every person. Put simply, we believe that everyone deserves the best of care.***

It's all about taking the time to understand your preferences, hobbies and passions. We'd love to chat through your favourite things to do when you visit us for a tour.

If you have any questions about life at Baptcare Abbey Gardens, the process of preparing for a move, visiting us for a tour, or anything else, please let us know.

**Call our friendly, experienced team on 13 22 78.**





# *Why should you choose Baptcare to support you as you age?*

## *We have over 80 years' experience*

We've spent the better part of a century listening to and meeting the needs of older people. Today, we offer a range of aged care services – including home care, residential aged care, respite care, and retirement living – as well as support services such as nursing and allied health, day therapy centres, short-term respite centres and social activities so you can be assured Baptcare will provide care in a way that's right for each and every individual journey.

## *We appreciate that everyone is different*

Our services are based on an individualised model of care, which means our clients determine how much of a presence they want us to be in their lives. And if their circumstances change, we change with them. Our aim is to enable people to remain as independent as possible so they can continue to live life the way they want to.

## *We treat everyone with compassion and dignity*

All of our team members are carefully chosen. They are friendly, positive and dedicated. And they genuinely care – so they treat people with the compassion and dignity they would expect for a member of their own family.

## *Drop in for a visit at Abbey Gardens in Warragul*

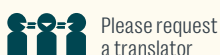
**Baptcare Abbey Gardens Community**  
15 Tarwin Street Warragul, VIC 3820

FOR THE  
**COMMUNITY**  
— NOT-FOR-PROFIT —

Residential  
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Support for you as you age

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